

February 2006

JCAHO

ON THEIR WAY TO A TOUCHSTONE NEAR YOU!



BSFT—Brief Strategic Family Therapy Training

Pictured above is National *BSFT* Trainer, Ruban Robertson, (third from left), along with the five (5) Touchstone therapists who have just completed the second phase of the *BSFT* training. Touchstone is proud to add yet another *evidence-based* program whose success rate is especially high among Latino and substance abusing populations.

Every three (3) years the *Joint Commission on Accreditation of Healthcare Organizations* surveys those organizations who wish to maintain the highest standards in the industry. Touchstone Behavioral Health will go through the process of re-accreditation this year. Although the accreditation process takes place over a three (3) to five (5) day period, the reviewers are looking at the organization's performance over the past three (3) years. All records, files, employees, consumers, physical facilities, etc. are open and available to the JCAHO reviewer (s).

While some organizations look at this as a very stressful time, Touchstone anticipates it as an opportunity to learn and improve. As a continuously evolving organization, we welcome feedback and

to this end we commit to accreditation by the same organization that accredits hospitals and who set the standards for all other accrediting bodies.

“An opportunity to learn and improve”

Steve Ginsberg, COO
Touchstone

the knowledge from those experts who work with similar agencies across the country. At Touchstone Behavioral Health it is our goal to provide our families with the best possible services available, and

In addition, JCAHO looks not only at the specific services we provide our consumers, but they also look at the overall structure of the agency, and the manner in which we address staff growth, education and areas of deficiency. They review our policies, and more importantly, our compliance to these policies. Bottom line; JCAHO helps us so we can better serve our consumers.

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***Upcoming Event -
Employee Quarterly Forum
May 23, 2006***



From the President, Timothy Dunst

This month Touchstone Behavioral Health opens its office in Tucson. We have signed a contract with Community Partnership of Southern Arizona to provide Multisystemic Therapy and Functional Family Therapy to Southern Arizona.

Our office at 4595 S. Palo Verde, Suite 533, in Tucson will provide space for therapist's supervision and paperwork. No therapy will be provided in the office—all services will be in the consumer's home. We have staff hired and trained in both MST and FFT and ready to begin services.

The addition of these therapies in Tucson completes our goal of providing these evidence-based services throughout Arizona. Touchstone has become one of the largest providers of evidence-based services in the nation.

Our latest step in the development of a complete continuum of evidence-based interventions is the addition of Brief Strategic Family Therapy (BSFT). BSFT is a family based treatment developed at the Family Therapy Training Institute of Miami at the University of Miami (Florida). It has been especially proven to be effective with adolescents that are substance abusing. Research indicates that it is the most successful intervention with Latino families.

Touchstone will have five (5) therapists trained and supervised in BSFT. Training begins on February 15 and will last approximately eight months.

We are currently looking at Federal grants to assist us in a Childhood Obesity project. The prevention program will concentrate on helping those children who are caught in the culture of poverty and who suffer from this affliction. A grant writer who has experience in securing federal funding is being employed to assist in this project. It will be especially important that any program we implement is an evidence-based program with good outcomes cross culturally.

Principles of the Arizona Practice Model

1. Collaboration with child and family
2. Functional outcomes
3. Collaboration with others
4. Accessible services
5. Best practices
6. Most appropriate setting
7. Timeliness
8. Services tailored to child and family (strength-based)
9. Stability
10. Respect for child and family's unique cultural heritage
11. Independence
12. Connection to natural supports

Principios de Práctica Profesional del Modelo Arizona

1. Colaboración con el menor y su familia
2. Resultados funcionales
3. Colaboración con otros
4. Servicios accesibles
5. Práctica e intervención adecuada
6. Uso del ambiente más apropiado
7. Puntualidad
8. Servicios diseñados de acuerdo a las necesidades del menor y su familia (basado en cualidades de la familia)
9. Estabilidad
10. Respeto hacia la herencia cultural del menor y su familia
11. Independencia
12. Enlace con apoyos naturales

Remember the safety of your child is what counts most.....

CONTRACT

In the interest of maintaining the safety and well-being of this family as well as providing for the safety of others, we the individuals stated below agree to the following:

In the event that _____ (**teen**) is at any time in a place where the circumstances are unsafe and/or where drugs or alcohol are being consumed, he or she will place a phone call to _____(parent) for the purpose of obtaining a safe ride home.

It is agreed that _____ (**parent**) will provide this safe ride home without question pertaining to the circumstances surrounding said phone call. It is agreed that _____ (**parent**) will not impose punishment or repercussions of any kind at the time of incident.

Parent

Teen

Date



Employee of the Quarter



**Anabel Ortiz,
Purchasing Specialist**

Congratulations to Anabel Ortiz, Employee of the Quarter. Anabel has been with Touchstone for two

years and, in that short time, has proven to be a great asset, not only in the Administrative Department, but in customer service and staff support.

Anabel is a very pleasant individual who came to Touchstone as a Customer Service Representative and has worked in all areas of the Administrative Department. She is now the much appreciated, Purchasing Specialist, who does all the purchasing and back-up support for the Administrative Department. Anabel is a well organized team player who is always happy to assist you.

Anabel is very artistic and helps throughout the year

with her dynamic ideas and willingness to create art work for any of the departments. At home, Anabel displays her talents creating colorful photo albums of her 2-year old son. She also enjoys her large family gatherings and expresses much joy in sharing in those opportunities.

Thank you, Anabel, for your pleasant smile and great attitude.

E-Newsletter

The newsletter is posted on our website at www.touchstonebh.org.

To receive a copy of the newsletter by e-mail, please sign up on our website.

Touchstone Behavioral Health
Administrative Office
6153 W. Olive, Suite 1
Glendale, AZ 85302

Address Correction Requested

TO:

Editor's note

We welcome your feedback.
If you have comments or suggestions, please contact:
Rita Torres
Administrative Services
Touchstone Behavioral Health
6153 W. Olive, Suite 1
Glendale, AZ 85302
Phone: 623-930-8705
Fax: 623-930-0797
rita.torres@touchstonebh.org

